

Belt Philosophy

The martial arts is a tool to assist in both the mental and physical challenges which lay before us in life's journey. Each step, stretch, and bead of sweat provides us an opportunity to achieve.

When a student enters the studio for the first time and places a white belt around their waist, they are in the **act of becoming that white belt**. Therefore each persons responsibility is to achieve that which they have accepted in rank. One whom wears a belt is always in the act of becoming the belt they wear.

WHITE

The White belt is the beginning of life's cycle, and represents the seed as it lies beneath the snow in Winter.

YELLOW

Represents the sun as it awakens the seed promoting the growth of knowledge.

ORANGE

The Orange belt represents the sun as it warms the earth to prepare for new growth in Spring.

GREEN

The Green belt represents the new plant that has begun to grow as Summer arrives.

CAMO

The sapling is hidden amongst the taller pines and must now fight its way upwards. The student begins to realize his/her place in the world's largest martial art.

BROWN

Represents power, stability, weight and wisdom curtailing their growth to flower in late summer.

RED

Represents blood, life attention and control. Power and technique begin to bloom and ripen.

CHO DAN BO

The Cho Dan Bo belt represents the mature plant. The Cho Dan Bo student is a candidate for Black belt and now must prepare for the final step in the first life cycle.

BLACK

The Black belt represents maturity, respect and honor and is the final stage of one life cycle and the beginning of the next. Reaching this goal starts the student on the path towards true mastery in the ranks of Black belt.